

SMOKER ADOPTION PAPERS



I, _____, as a nonsmoker, will take it upon myself to help _____ on the path to smokelessness. For my part I will provide you with consistent encouragement, fruit, veggies and jalapenos, if need be, and a shoulder to cry on. It will be expected that _____ will assist me by adhering to the following suggestions:

1. Hide cigarettes, ashtrays, lighters and matches.
2. Tell all your friends that you have been adopted and will not smoke on the day of the Great American Smokeout (GASO), the third Thursday in November.
3. Call on your foster nonsmoker (me!) in times of weakness.
4. Refrain from frequenting smoke-filled rooms.
5. Remember the Alamo...forget cigarettes.

I, _____, the foster nonsmoker, will try to cajole the aforementioned smoker to continue on the road to smokelessness following the Great American Smokeout, but this formal arrangement will conclude 24 hours after it begins.

Signed: _____ (*nonsmoker*)

Signed: _____ (*temporary smoker*)

Date: _____

For cancer information:
1-800-ACS-2345
www.cancer.org

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